

**WURZWEILER SCHOOL OF SOCIAL WORK
YESHIVA UNIVERSITY**

7. Demonstrate foundation social work practice skills for assessment, treatment planning and intervention in preparation for working with the eating disorder population.
8. Examine evidence-based treatment interventions for various eating disorders and treatment settings with regards to determining the level of care and appropriate intervention when engaging in treatment planning.
9. Understand the role of the social worker as part of the interdisciplinary team, and the value and the role of the interdisciplinary team in assessment and treatment of eating disorders.

III. INSTRUCTIONAL M10.000g0 Gng.

Assignment 2: Final Assignment (40%) - Due Session 13

Throughout the semester you have learned about various eating disorders, the biopsychosocial lens through which social workers understand eating disorders, and different approaches to treatment. For the final paper, choose one eating disorder to research, answering the questions below. Papers must be 5-7 pages, with 3 empirical references and adhere to APA 7th edition.

1. **Identify and summarize one eating disorder**, using the social work literature*: (25 points)
 - A. Provide a brief summary of the DSM-5 criteria for this eating disorder (10pts)
 - B. Summarize the biopsychosocial characteristics of this eating disorder (15pts)

2. **Choose a population based on one factor of cultural diversity/identity**. For example, you may focus on population based on age, gender, sexual orientation, class, race, ethnicity, religion or co-morbid diagnosis (25 points)
 - A. According to the literature, report aspects of the unique experience of this eating disorder

race/ethnicity or gender is directly related to the case presentation, it can be included if it will not allow for identification.

XI. FERPA & OTHER UNIVERSITY POLICIES

- Mazzeo, S. E., & Bulik, C. M. (2009). Environmental and genetic risk factors for eating disorders: what the clinician needs to know. *Child and adolescent psychiatric clinics of North America*, 18(1), 67-82.
- von Hausswolff Juhlin, Y., Brooks, S. J., & Larsson, M. (2015). The neurobiology of eating disorders – a clinical perspective. *Acta Psychiatrica Scandinavica*, 131(4), 244-255.

TEDx Talk with Dr. Laura Hill: Eating Disorders from the Inside Out

https://www.youtube.com/watch?v=UEysOExcwrE&feature=emb_imp_woyt

Podcast:

<https://emilyprogram.com/blog/episode-8-the-neurobiology-of-eating-disorders/>

Session 3: Health at Every Size and the Value of Weight Neutrality

- Society and Eating Disorders: What's Weight got to do with it?
- Understanding Health at Every Size (HAES) as a model for social work practice.
- Examining the role of weight in overall health
- Explore the role of body image culturally and mainstream media

Assigned Readings:

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- *Bacon, L., & Aphramor, L. (2011). Weight science: Evaluating the evidence for a paradigm shift. *Nutrition Journal*, 10(1), 1-13.
- *Main Text, Chapter 4: Are Media an Important Medium for Clinicians? Mass Media, Eating Disorders, In the Bolder Model of Treatment, Prevention, and Advocacy.
- Sepúlveda, A. R., & Calado, M. (2012). Westernization: the role of mass media on body image and eating disorders. In *Relevant topics in eating disorders*. IntechOpen.
- Rodgers, R. F., Berry, R., & Franko, D. L. (2018). Eating disorders in ethnic minorities: An update. *Current psychiatry reports*, 20(10), 90.
- Soh, N. L., Touyz, S. W., & Surgenor, L. J. G[.,)5()5(S)-5(.)5()5(W.)4(,)5()5(&)-5()5(S)-5(u)-7(r)6(g)

- *Hutson, P. H., Balodis, I. M., & Potenza, M. N. (2018). Binge-eating disorder: clinical and therapeutic advances. *Pharmacology & therapeutics*, 182, 15-27.

- Surgenor, L. J., & Maguire, S. (2013). Assessment of anorexia nervosa: an overview of universal issues and contextual challenges. *Journal of eating disorders*, 1(1), 29.
- Podar, I., & Allik, J. (2009). A cross

Assigned Readings:

- Maine, M., McGilley, B. & Bunnell, D. (Ed.). (2010). *Treatment of eating disorders:*

- Geller, J., Isserlin, L., Seale, E., Iyar, M. M., Coelho, J. S., Srikameswaran, S., & Norris, M. (2018). The Short Treatment Allocation Tool for Eating Disorders: current practices in assigning patients to level of care. *Journal of eating disorders*, 6(1), 1-6.

Web Resources

Levels of Care Guidelines for Patients: <https://www.nationaleatingdisorders.org/toolkit/parent-toolkit/level-care-guidelines-patients> (Links to an external site.)

When Does a Client Need a Higher Level of Care

<https://emilyprogram.com/blog/when-does-a-client-need-a-higher-level-of-care/>

What Level of Eating Disorder Treatment is Right for me?

<https://www.verywellmind.com/levels-of-eating-disorder-treatment-4134267>

Treatment Settings and Levels of Care

<https://anad.org/levels-of-care/>

Determining the Best Level of Care for Eating Disorder Treatment

<https://www.eatingdisorderhope.com/blog/eating-disorder-levels-care-determining-treatment>

- Marques, L., Alegria, M., Becker, A. E., Chen, C. N., Fang, A., Chosak, A., & Diniz, J. B. (2011). Comparative prevalence, correlates of impairment, and service utilization for eating disorders across US ethnic groups: Implications for reducing ethnic disparities in health care access for eating disorders. *International Journal of Eating Disorders*, 44(5), 412-420.
- Weinberger-

Assigned readings:

- *Maine, M., McGilley, B.H. & Bunnell, D. (2010). *Treatment of eating disorders: Bridging the research-practice gap*. **Chapter 19, Mutuality and Motivation in the Treatment of Eating Disorders*****
- Tantillo, M., Sanftner, J., & Hauenstein, E. (2013). Restoring connection in the face of disconnection: An integrative approach to understanding and treating anorexia nervosa. *Advances in Eating Disorders*, 1(1), 21-38.

<https://www.eatingrecoverycenter.com/blog/2016/09/22/power-yoga-eating-disorder-treatment-recovery-lisa-mareb> (Links to an external site.)

<https://www.eatingdisorderhope.com/recovery/self-help-tools-skills-tips/family-support-in-nutritional-rehabilitation> (Links to an external site.)

<https://www.rosewoodranch.com/nutritional-therapy/> (Links to an external site.)

<https://www.eatingrecoverycenter.com/patients/what-to-expect/meal-planning-and-food-choices> (Links to an external site.)

Videos:

Interview with Carolyn Costin about yoga and eating disorders
<https://www.youtube.com/watch?v=GAuzFp3osuQ&t=2s>

Dr Melissa Atkinson: Mindfulness-based interventions for body image and eating disorder prevention
<https://www.youtube.com/watch?v=O0hbPJ8dl3Q>