

**WURZWEILER SCHOOL OF SOCIAL WORK
YESHIVA UNIVERSITY
MSW PROGRAM**

Introduction to Psychodrama,
Sociometry, & Group Psychotherapy
SWK # 8814

Spring 2021
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Office Hours: By appoin

- < strengths
- < unfinished business

Additionally, address how you would utilize the social atom to inform both the assessment and intervention process with your client. What was it like for you to administer the social atom to your client?

This paper should be between 6-

Gershoni, J. (2009). Bringing Psychodrama to the Main Stage in Group Psychotherapy. *Group* 33(4): 297-308.

Nolte: Chapter: Part 1 (Chapters, 1, 2, 3)

Konopik, D.A. & Cheung, M. (2013). Psychodrama as a SG565.911(1)11(1(o) reW*nBT/F2 11 Tf1 0 0 1 112.05 70

Moreno, J. L. (1940). Mental catharsis and the psychodrama. *Sociometry*, 3(1), 220- 238.

Nolte: Chapter 8

Unit 5: Social Atom

Content Covered

- ◁ Utilizing the social atom to facilitate warm-up, action, & sharing

Required Readings

Dayton: Chapter 7

Buchanan, D. R. (1984). Moreno's social atom: A diagnostic tool for exploring interpersonal relationships. *The Arts in Psychotherapy*, 27, 173-18r

Required Readings

Barbour, A. (1992). Purpose and strategy behind the magic shop. *Journal of Group Psychotherapy, Psychodrama & Sociometry*, 45(3), 91-101.

Kellermann, P.F. (1984). The Place of Catharsis in Psychodrama. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, 37(1): 1-13.

Moreno, J.L. (1965). Therapeutic Vehicles and the Concept of Surplus Reality. *Group Psychotherapy* 18, 211-216

Nolte: Chapter 11

Unit 9: Psychodrama & Group Work

Content Covered

- < Therapeutic factors
- < Mutual aid
- < Stages of group development

Required Readings

Drumm, K. (2006). The essential power of group work. *Social Work with Groups*, 29(2/3), 17- 31.

Kurland, R. (2008). Debunking the “blood theory” of social work with groups: Group workers are made and not born. *Social Work with Groups* 30(1), 11-24

Kurland, R., & Salmon, R. (2006) Purpose: A misunderstood and misused keystone of group work practice. *Social Work with Groups*, 29(2/3), 105- 120.

x ~~Nolte~~ Chapter 7

Papell, C. (2015). More than 60 years with social group work: Personal and professional history. *Social Work with Groups*,38(3-4), 201-219

Rossi-Berman, T. (1993). The tasks and skills of the social worker across stages of group development. *Social Work with Groups*, 16(1/2), 69-81

Skolnik, S. (2018). A synergistic union: Group work meets psychodrama. *Social Work with Groups*, 41 (1-2). 60-73.

Dayton: Chapters: 13, 14

Unit 11: Psychodrama Debriefing

Contents Covered:

- ◁ Understanding the triadic system
- ◁ Recognizing the sociometric connections

Required Readings

Dayton: Chapters 17, 24

Unit 12: Termination Through Action

Contents Covered:

- ◁ Course wrap-up

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- Andrews, J. (2001). Group Work's Place in Social Work: A Historical Analysis. *Journal of Sociology and Social Welfare* 28(4): 45-65,
- Baim, C. (2007). Integrating Psychodrama with Attachment Theory: Implications for Practice. In P. Holmes, M. Farrall, & K. Kirk (Eds.), *Empowering Therapeutic Practice: Integrating Psychodrama into other Therapies* (pp. 125-156). London: Jessica Kingsley Publishers
- Berger, M. (1990). J. L. Moreno's autobiography: More than meets the eye. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 42(4), 213-221.

- Buchanan, D.R. (1995). Act hungers and open tension systems: another framework for structuring psychodramatic production. Unpublished manuscript. 02-32.
- Campernelle, T. (1981). J. L. Moreno: An unrecognized pioneer of family therapy. *Family Process*, 20, 331-335.
- Carlson-Sabelli, L. (1998). Children's therapeutic puppet theatre; action, interaction, and co-creation. *The International Journal of Action Methods: Psychodrama, Skill Training and Role Playing*, 51, 91-112.
- Carlson-Sabelli, L. C., Sabelli, H. C., Patel, M., & Holm, K. (1992). The union of opposites. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 45, 147-171.
- Carnabucci, K. & Ciotola, L. (2013). *Healing Eating Disorders with Psychodrama and Other Action Methods: Beyond the Silence and the Fury*. London: Jessica Kingsley Publishers
- Carswell, M. A., & Magraw, K. (2003). The body talks: Using psychodrama and metaphor to connect mind and body. In J. Gershoni (Ed.) *Psychodrama in the 21st century*, Clinical and educational applications (pp. 63-80). New York: Springer.
- Ciotolla, L. (2006). Brief report: The body dialogue: An action intervention to build body empathy. *Journal of Group Psychotherapy, Psychodrama & Sociometry* 59(1), 35-38.
- Corsini, R. J. (1955). Historic background of group psychotherapy: A critique. *Journal of Group Psychotherapy, Psychodrama and Sociometry*, 8, 219-225.
- Cossa, M. (2003). Taming puberty: Utilizing psychodrama, sociodrama, and sociometry with adolescent groups. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 135-150). New York: Springer.
- Dayton, T. (2003). Psychodrama and the treatment of addiction and trauma in women. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 175-196). New York: Springer.
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- Farmer, C., & Geller, M. (2003). Applying Psychodrama in the family systems' therapy of Bowen. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 31-47). New York: Springer.
- Fuhriman, A., & Burlingame, G. M. (Eds.). (1994). *Group psychotherapy: An empirical and clinical synthesis*. New York: Wiley.
- Gershoni, J. (2003). The use of structural family therapy and psychodrama: A new model for a children's group. In J. Gershoni (Ed.), *Psychodrama in the 21st century* (pp. 49-61). New York: Springer.
- Gershoni, J. (2003). Toward acceptance and pride: Psychodrama, sociometry and the LGBT community. In J. Gershoni (Ed.), *Psychodrama in the 21st century*. (pp. 197-214). New York: Springer.
- Giacomucci, S. (2017). The Sociodrama of Life or Death: Young Adults and Addiction Treatment. *Journal of Psychodrama, Sociometry, and Group Psychotherapy* 65(1): 137-143
- Gitterman, A. & Shulman, L. (2005). *Mutual aid groups, vulnerable and resilient populations, and the life cycle*, (3rd ed.). New York, NY: Columbia University Press.
- Gow, K., Lowe, R., & McVea, C. S. (2011). Corrective interpersonal experience in psychodrama group therapy: A comprehensive process analysis of significant therapeutic events. *Psychotherapy Research*, 21(4), 416-429.
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Moreno, J. L. (1993). Who shall survive? (student ed.). Roanoke, VA: Royal Publishing.

Yalom, I. D., & Leszcz, M. (2005). The theory and practice of group psychotherapy (5th ed.). New York, NY: Basic Books.

