

Advocate™



# Welcome

Welcome to Health Advocate! This guide provides an overview of how Health Advocate can help you and your eligible family members, when you need it most!

One number, complete support

## Help is Only a Phone Call Away

### Your Personal Health Advocate can help

- Answer questions about your entire benefits package
- Connect you to the right benefit at the right time
- Support medical issues, from common to complex
- Answer questions about diagnoses and treatments
- Research the latest treatment options
- Coordinate services related to all aspects of your care
- Find the right in-network doctors and make appointments
- Coordinate expert second opinions and transfer medical records
- Resolve insurance claims and billing issues

And much more